

Help.

It's not as hard to find as you think.



The Mental Health Association
in Southwestern New Jersey

There is help. There is hope.

Mental illness. The diagnosis can leave some people stunned, while others may experience overwhelming relief. But once the dust settles, all can feel a sense of hope, because mental illness is both manageable and treatable. With one in every five Americans experiencing a mental illness during his or her lifetime, no one should feel alone.

The Mental Health Association in Southwestern New Jersey (MHASWNJ) works to assure that you and your loved one are not alone. The MHASWNJ, a local chapter of the National Mental Health Association, offers residents of Camden, Burlington and Gloucester Counties resources, programs and services that assist you in managing mental illness.

Our Vision

We envision a community in which individuals with mental illness can reach their fullest potential.

Incorporated in 1956, The MHASWNJ is a local chapter of the NJ Division of the National Mental Health Association. Our chapter serves the residents of Camden, Burlington and Gloucester Counties.

If you've been diagnosed, or feel that you might be suffering from a mental illness, we're here to help. Our help extends to parents, children, spouses and friends as well.

Information & Referral Service:

We can help you find the mental health treatment and social services that you need including those for:

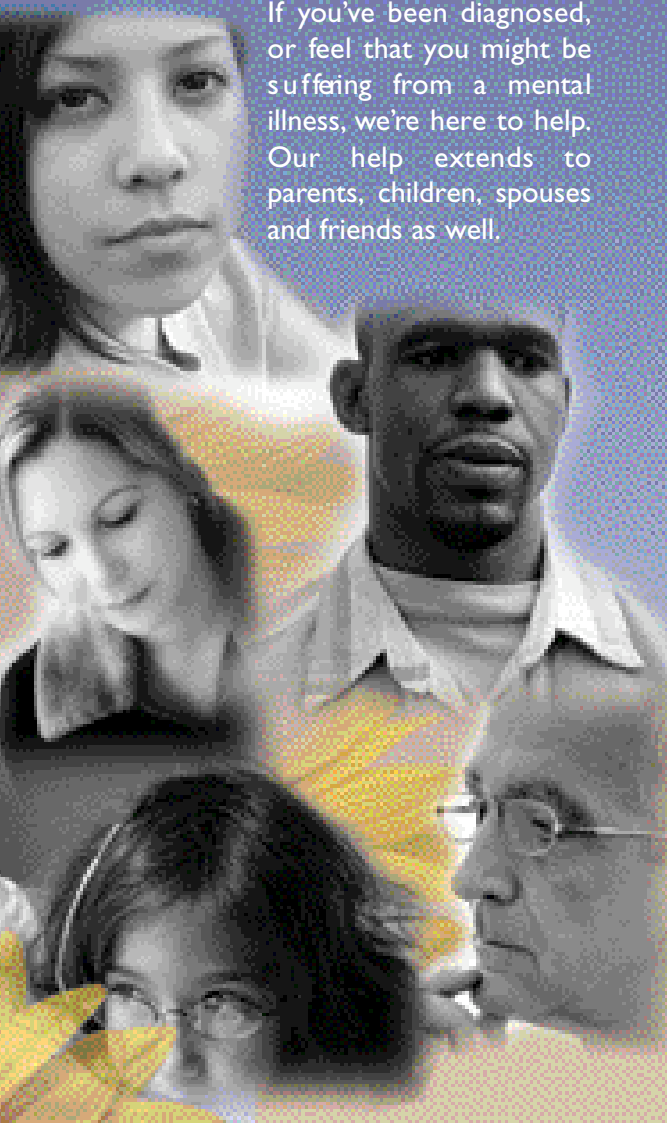
- Children
- Teens
- Adults
- Seniors
- Individuals who have addictions
- Individuals who are homeless or jailed

Speakers Bureau: Call to schedule a speaker for your business, civic organization, church or school. Programs promote awareness of mental illness, its treatments and community resources. Videotapes and pamphlets are also available.

Classroom Presentations for High School and College Classes: "Being There" is a classroom presentation designed to increase students' awareness and understanding of mental illness. A team comprised of a facilitator, a young adult who has a mental illness and a mental health provider engage students in an informative and helpful dialogue.

Technical Training: Symposiums and workshops featuring local and national experts are presented throughout the year to increase the clinical knowledge and understanding of mental illness among mental health providers and mental health consumers, as well as educators, clergy, corporate leaders and law enforcement officials.

Non-Violent Crisis Intervention Training: One and two-day courses by certified trainers teach mental health professionals, hospital personnel, educators and parents about the most effective verbal methods to help de-escalate potentially violent situations.



Family Companions: Accompanying a loved one to a local crisis screening center can be an overwhelming experience for all involved. Our trained advocates support family members through this emotionally trying time, as they carefully explain the screening process and the resources that are available to them and their loved ones.

Advocacy: Staff and volunteers work hand-in-hand with the National and NJ Mental Health Association to advocate for legislation and public policy that makes quality mental health treatment accessible for all citizens.

Career Center:

CAMWERCs: The Camden Work Experience, Rehabilitation & Collaborative Services offers teens and young adults living with mental illness, the opportunity to explore vocational interests. Counseling, workshops, field trips and part-time employment offer participants work-readiness skills that will serve them throughout their careers.

Works Rite: Adults with chronic mental illness who live in Camden County are welcome to access pre-employment counseling, vocational assessment, job development and a support system to insure success in the workplace.

Support Group: The Gathering is a weekly meeting that provides socialization and recreation for chronically mentally ill residents of boarding homes in Camden County.

Outreach: Peer Outreach Support Team (POST) provides music, crafts and company for mentally ill adults who live in nursing homes and boarding homes throughout Camden County.

You are not alone.

The MHASWNJ will assist you in finding help and hope in your community.

Call us at 856-966-6767 or visit our website at www.mhaswnj.org for more information.



The Mental Health Association
in Southwestern New Jersey

The mission of the MHASWNJ
is to promote mental wellness
and serve those with mental illness
through advocacy,
education and supportive services.



The Mental Health Association
in Southwestern New Jersey
Partnering with the United Way

Phone: 856-966-6767

Fax: 856-541-3986

Email: mha@maswnj.org

Website: www.maswnj.org

505 Cooper Street
Camden, New Jersey 08102